

Edinburgh Handedness Inventory - Short Form

Please indicate your preferences in the use of hands in the following activities or objects:

	Always right	Usually right	Both equally	Usually left	Always left
Writing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Throwing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Toothbrush	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Spoon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Scoring:

For each item: Always right = 100; Usually right = 50; Both equally = 0; Usually left = -50; Always left = -100

To calculate the Laterality Quotient add the scores for the four items in the scale and divide this by four:

Writing score	<input type="text"/>
Throwing score	<input type="text"/>
Toothbrush score	<input type="text"/>
Spoon score	<input type="text"/>
Total	<input type="text"/>
Total ÷ 4 (Laterality Quotient)	<input type="text"/>

Classification:	Laterality Quotient score:
Left handers	-100 to -61
Mixed handers	-60 to 60
Right handers	61 to 100